Teamsters Joint Council No. 83 of Virginia Health & Welfare and Pension Funds

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Post-Retirement Employment

I understand, in order to receive pension benefits from the Teamsters Joint Council No. 83 of Virginia Pension Fund, I must be retired as that term is defined in Article 4, Section 4.11 of the Pension Plan. I further understand, to be retired within the meaning of that provision, I cannot work in Disqualifying Employment as outlined in the chart below:

Age	Work Considered Disqualifying
Before Normal Retirement Age (usually 65)	Employment with an Employer who pays into the Plan (a Contributing Employer), unless a. you work up to 39 hours in a calendar month for a Contributing Employer that pays contributions at or above the prevailing NMF agreement casual rate for each day your work, or
	b. you become permanently disabled to perform the duties of your covered occupation while working in Covered Employment, you may return to work for your former Contributing Employer in non-covered employment, or
	2. Employment with an employer who competes with a Contributing Employer.
After Normal Retirement Age but before 70 ½ years old(usually between 65 and 70 ½)	 Working more than 39 hours per month: in an industry whose employees were covered by the Plan as of the date you retire or your Normal Retirement Age, and in the geographic area covered by the Plan as of the earlier of the date you retired or your Normal Retirement Age, and in a trade or craft, including supervisory work in which you were working at any time under the Plan.
After 70 ½	None

•	rmanently withhold my pension benefit in accordance any month in which I am employed or self-employed
Signature	Date

SSN or UID